

The Pipeline

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Some Shades of Relief



By Lisa Aug, CFC Communications

Since they're broiled to about medium well, we'll be giving staff on the parking lot side of the 4th Floor of the CHR Building some relief from the sun.

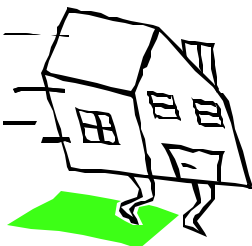
Light pouring through the bare windows, especially on

the south end, has made afternoon work a misery for workers along the outer wall since renovations started in the spring. But this week workers began installing new blinds on those windows. They will continue to install blinds at night until they have finished all the half-windows on the parking lot side of the building.

Meanwhile, the last CFC employees on the 5th Floor will start moving home to the 4th Floor offices next week. Here is their schedule:

- Leasing and Design from 4C to 4E-E on November 6.
- General Accountaing and Travel from 5E to 4E-C November 8-9.
- Asset Management from 5E to 4E-B and Procurement from 5E to 4E-A on November 13-14.

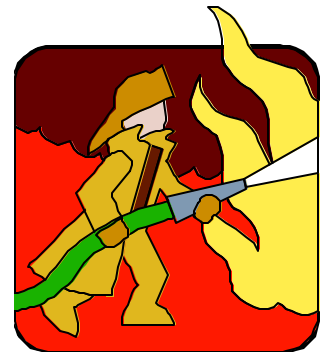
Allen County Office Has New Address



Allen County Department for Community Based Services, Family Support and Protection and Permanency, has a new address: 29 Hillview Drive, PO Box 250, Scottsville, KY 42164.

Smoke Causes Health Problems For Some Kentuckians

By Gil Lawson, CHS Communications



Forest fires are once again burning in eastern and south central Kentucky, renewing concerns about health problems.

Besides being an irritant, the smoke generated by forest fires contains several pollutants that can trigger health problems. Smoke from burning trees and leaves can increase chances of catching colds or flu, and cause nose, throat and eye irritation in healthy adults. But it can be much more harmful to small children, smokers, the elderly, and people with asthma or other lung or heart diseases.

"The Kentucky Department for Public Health suggests that during these smoke alert days it may be necessary for some people to limit outdoor activities," said Dr. Steve Davis, director of Adult and Child Health. "Avoid strenuous exercise, especially during the afternoon and early evening when smoke levels are highest."

The visible smoke from fires is made up almost entirely of tiny particles that can reach deep into lungs and cause symptoms such as a runny nose, coughing, wheezing, chest pain and shortness of breath--symptoms that might not occur until several days after exposure to large amounts of smoke.

The short-term health effects can range from eye, nose and throat irritation, to chest discomfort, to increased asthma attack rates and increased hospitalization for those with respiratory problems. People who engage in moderate to vigorous physical activities are more likely to experience health problems. People sensitive to the irritating effects of the smoke may experience symptoms after 1 or 2 hours outdoors.

CFC Adds to KECC Donations

By Anya Armes Weber, CFC Communications

The total funds raised for KECC at CFC events keeps on growing.

The First City Complex had Pumpkin Mania of its own, making the two-building total from the decorating contest \$223. Disability Determination's physical unit won First City's contest. Congratulations!

Proceeds from DDS's frightful Halloween haunted house also added to the KECC gift.

KECC Coordinator Bonnie Cox said that CFC has pledged \$85,000 for the coming year. There's still time to make a pledge. Send your forms and money to your office coordinator or to Cox by Nov. 8. Cox can be reached by phone at (502) 564-5028 or by e-mail at Bcox@mail.state.ky.us. Her messenger mail address is Disability Determinations, 102 Athletic Drive.

The CFC Follies have been postponed.



DSS employee Jamar Ellis portrays Freddy Krueger at the Disability Determination Services' haunted house.



Chris Saxton of the CBS Policy and Program Support office plays a demon and Bonnie Cox of DDS is his victim.

Dracula, also known as DDS' Jason Cunningham, arises from his coffin with a ferocious friend.



CFC Online Looks at Welfare Reform

The October issue of *CFC Online* is a little late, but look for it next week. This issue looks at the state of welfare four years after welfare reform legislation was enacted.

Articles include the results of a recent University of Louisville study, which followed 479 K-TAP families since 1997 as they strove for self-sufficiency. This issue also includes client success stories, program eligibility information, and articles on programs that are helping prepare clients for work, such as the Ready to Work program and a new program for DCBS clients who struggle with mental illness, substance abuse or other profound obstacles to self-sufficiency and safety.

There's also a tribute to employees selected as Champions for Children in September and personnel news.

Your suggestions for CFC Online are always welcome. Contact [Margaret Davis Harney](#), CFC Communications.



State Offices Closed

State offices will be closed on the following dates:

Nov. 7 – Presidential Elections

Nov. 10 – Veteran's Day

Nov. 23 and 24 – Thanksgiving



Give Blood, Give Life

The American Red Cross will be holding a blood drive on Thursday, Nov. 9 from 10 a.m. until 3 p.m. in the main hall of the American Legion Post #7.

Please stop by and give blood. You could help save a life.